

Relationships and Sex Education

Good relationships are fundamental to our school vision and help us develop our students into accountable, successful and kind individuals. Relationships and Sex Education (RSE) is lifelong learning about relationships, emotions, looking after ourselves, different families, sex, sexuality and sexual health. We aim for the students in our school to acquire the appropriate knowledge, develop their skills and form positive beliefs, values and attitudes in the diverse society in which we live. This has a key part to play in students' personal, social, moral and spiritual development.

Year	7	8	9	10	11	Sixth Form
Topics covered	<ul style="list-style-type: none"> Maintaining genuine friendships and avoiding toxic ones. Families and different long term commitments (marriage/ Civil partnerships.) Romance, love, new feelings and teen relationships. Bullying or banter – what is acceptable? How to prevent cyberbullying? How to keep safe and positive relationships? Puberty/Periods 	<ul style="list-style-type: none"> Consent Contraception Dangers of Pornography Sexting and image share danger STIs Male body image Domestic conflict Homophobia – LGBT Teenage Pregnancy 	<ul style="list-style-type: none"> Child Sexual Exploitation Abusive relationships The LGBTQAI+ community 	<ul style="list-style-type: none"> Conflict management Forced and arranged marriages Harassment and talking Revenge porn Relationships and role models Same Sex Relationships Gender and trans identity Community cohesion Sexism Parenting Bullying and body shaming 	<ul style="list-style-type: none"> Reproductive Health Types of relationship Consent, rape and sexual harassment What makes good sex? Safe sex and 'chem' sex Relationships and break ups 	<ul style="list-style-type: none"> 'Honour' based violence Feminism 1 Feminism 2 Date Rape Cosmetic and Plastic Surgery Gender and Identity Miscarriage and unplanned pregnancy