

LTP – KS4 PSHE

The intent of the PSHE curriculum is to prepare our learners to become healthy, independent and responsible members of society. The Primary PSHE curriculum aims to help each individual understand how they are developing personally and socially, and tackles many of the spiritual, moral, social and cultural issues that are part of growing up. We provide our learners with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our learners are encouraged to become critical thinkers and develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. At key stage 4, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3. PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. Each lesson in our PSHE curriculum provides accessible opportunities for learners to develop the knowledge, skills and attributes they need to manage their lives as well as incorporating SMSC, British Values and our NCA values and behaviour expectations. In conjunction with our lessons, learners will have the opportunity to develop their personal development and build cultural capital through guest speakers, assemblies, trips, drop-down days and career based opportunities.

Year 10					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mental health and Wellbeing <ul style="list-style-type: none"> Managing tough times: change, grief and bereavement Suicide Managing Social Anxiety Social Media and Self-Esteem Screen time 	Living Responsibly <ul style="list-style-type: none"> Managing time effectively Living sustainably Homelessness Hate Crime Tattoos and piercings Binge Drinking Preparing for Work Experience 	Living in the Wider World 1 <ul style="list-style-type: none"> Preparing for work experience The right career for me Employability Skills: CV Careers in STEM Preparing for Work Experience Rights and Responsibility International Women's Day 	Living in the Wider World 2 <ul style="list-style-type: none"> The criminal justice system Anti-social behaviour County Lines Money laundering Terrorism and holy war Overt and covert racism 	Relationships <ul style="list-style-type: none"> Conflict management Forced and arranged marriages Harassment and talking Revenge porn Relationships and role models Career Planning and future options The new age of employment 	Relationships + Diversity <ul style="list-style-type: none"> Same Sex Relationships Gender and trans identity Community cohesion Sexism Parenting Bullying and body shaming
Year 11					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health and Wellbeing 1 <ul style="list-style-type: none"> Why is PSHE so important? Identity and diversity How does privilege affect us? Obesity and body positivity Reproductive Health What are my options 	Health and Wellbeing 2 <ul style="list-style-type: none"> The importance of sleep Risk taking and decision making Gambling and online gambling Digital footprints Personal safety in the wider world Applying to college or university 	Relationships and Sex <ul style="list-style-type: none"> Types of relationship Consent, rape and sexual harassment What makes good sex? Safe sex and 'chem' sex Relationships and break ups What employers want 	Living in the Wider World 1 <ul style="list-style-type: none"> Globalisation Multiculturalism (British Values) Right wing extremism Internet safety: the dark web Cybercrime and fraud Employ me (CV) Employ me (CV) 	Living in the Wider World 2 <ul style="list-style-type: none"> GCSE revision and study skills Applying to college or university Independent living Preparing for Job Interviews Health and Safety at work Trade Unions Into the workplace 	