

LTP – KS4 P.E

The intent of Physical Education is to build love and passion of P.E. Students are given the opportunity to gain a great depth of knowledge. In addition, applying previous knowledge they have obtained over their school. These attributes give students the ability to make critical calls in game situations and also officiate their games without assistance. It can help spark interest in further education or careers in health and exercise.

Year 10					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Basketball <ul style="list-style-type: none"> • Outwitting an opponent • Evaluating and Improving • Problem Solving, Challenges & Making Decisions • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical & Mental Capacity • Development & Replication of Skills 	Football <ul style="list-style-type: none"> • Outwitting an opponent • Evaluating and Improving • Problem Solving, Challenges & Making Decisions • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical & Mental Capacity • Development & Replication of Skills 	Trampolining <ul style="list-style-type: none"> • Developing Skills/Performance • Evaluating and Improving • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical and Mental Capacity • Making and Applying Decisions • Accurate replication 	Badminton <ul style="list-style-type: none"> • Outwitting an opponent • Developing Physical & Mental Capacity • Evaluating and Improving • Development & Replication of Skills • Making Informed Choices About Healthy, Active Lifestyle • Problem Solving, Challenges & Making Decisions 	Volleyball <ul style="list-style-type: none"> • Outwitting an opponent • Developing Physical & Mental Capacity • Evaluating and Improving • Development & Replication of Skills • Making Informed Choices About Healthy, Active Lifestyle • Problem Solving, Challenges & Making Decisions 	Athletics <ul style="list-style-type: none"> • Making and Applying Decisions • Accurate Replication • Developing Physical and Mental Capacity • Making Informed Choices About Healthy, Active Lifestyle • Evaluating and Improving • Developing Skills/Performance
Year 11					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Basketball <ul style="list-style-type: none"> • Outwitting an opponent • Evaluating and Improving • Problem Solving, Challenges & Making Decisions • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical & Mental Capacity • Development & Replication of Skills 	Football <ul style="list-style-type: none"> • Outwitting an opponent • Evaluating and Improving • Problem Solving, Challenges & Making Decisions • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical & Mental Capacity • Development & Replication of Skills 	Trampolining <ul style="list-style-type: none"> • Developing Skills/Performance • Evaluating and Improving • Making Informed Choices About Healthy, Active Lifestyle • Developing Physical and Mental Capacity • Making and Applying Decisions • Accurate replication 	Badminton <ul style="list-style-type: none"> • Outwitting an opponent • Developing Physical & Mental Capacity • Evaluating and Improving • Development & Replication of Skills • Making Informed Choices About Healthy, Active Lifestyle • Problem Solving, Challenges & Making Decisions 	Volleyball <ul style="list-style-type: none"> • Outwitting an opponent • Developing Physical & Mental Capacity • Evaluating and Improving • Development & Replication of Skills • Making Informed Choices About Healthy, Active Lifestyle • Problem Solving, Challenges & Making Decisions 	Athletics <ul style="list-style-type: none"> • Making and Applying Decisions • Accurate Replication • Developing Physical and Mental Capacity • Making Informed Choices About Healthy, Active Lifestyle • Evaluating and Improving • Developing Skills/Performance