



Nightingale Community Academy

Report on the Planned use PE and Sport Premium 2020-21

NCA received a total £16,290 (based January's school census) 29 pupils – Predicted spend £14,500 (due to Covid19 restrictions)

Key Outcome Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
Encourage and develop good playground behaviours- Evidence of improved social skills and successful active playtimes To continue to promote healthy active lifestyles across the school	Play lead LSP responsible for delivery of games/ activities in the KS1+2 playground. Positive active playground course for 4 members of staff on (October 2020) Appointment of a PE instructor to support PE teacher with delivery and staff development Timetabled play activities during 'unstructured' time	£800 £1600 (Positive active playground course for 8 members of staff by the end of Academic year) £6000		Weekly drop-in observations show that pupils are engaged in a broader range of physical activities during playtimes. 8 permanent LSPs complete CPD	Due to Covid19 Play leads were unable to attend course.	Play Leaders will train all Playground staff to lead and deliver active playground games helping them to maintain pupil activity levels. Pupils are confident to play and lead team games within the playground and encourage their peers to join in. Children choose to be active during break times having a positive impact on their behaviour, social skills, physical skills and health. This will continue next year maintaining the high levels of regular daily physical activity in the local community. The children will take part in taster sessions delivered by the clubs and provided with the opportunity to join. Some trained staff have left so new permanent members of staff will attend training sessions
'Try a new fruit Wednesday' - routine opportunities for pupils to try a new fruit to promote healthier eating.	School's sports coach to set up a 'Healthy Lifestyles morning club' / after school club (targeting those children that do not participate in extra-curricular clubs)	£20 a week £780 a year		Increased fruit selection at lunchtimes. Primary fruit & vegetable boxes	60% of primary children each lunchtime/ quiet time fruit at least twice a week 81% of pupils who filled out primary sports premium questionnaire enjoyed eating fruit at quiet time. (13/16)	Source additional funding streams and investigate Healthy Schools accreditation

Boxing weekly opportunity to be active in a disciplined environment Encourage and develop good positive relationships between peers - Evidence of improved social skills during lessons and unstructured time.	Boxing session once a week for KS1+2 pupils Individual progress plan for every child	Boxing instructor- £1,350*		Pupils will be build better relationships with each other and some will attend boxing clubs.	Due to Covid19 Boxing instructor was unable to attend training sessions.	Boxing club to continue in year 4 and has had a positive impact on targeted individuals. 2020-21 academic year invite local sports clubs to come in on two days to promote their clubs
Staffing and responsibly						
Aaron B and Rebecca B – Play leader responsible for KS1 + 2 games in the playground at break and lunchtime Rebecca B- Responsible for ordering fruit once a half term Richard – To organise Boxing instructors timetable Marcus – Boxing coach						
Progress						
Playground activities being led by play leads, play leads now need to meet with LSPs to train staff to deliver playground activities Primary department receiving fruit but Becky is looking into receiving a variety of different fruits Boxing instructor works with pupils two hours a week on a half termly basis						

Key Outcome Indicator 2: The profile of PE and Sport will be raised across the school as a tool for whole school improvement						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
To improve outcomes in writing increase in % of children at age expectations for writing in the early years	OT to provide individual plans for Playground Development Officer (PDO) to run Targeted intervention groups in the summer term to develop fine and gross motor skills of those pupils underachieving in writing.	£90 a week		Post intervention review by OT		Establish a cycle of OT support for play intervention

To improve confidence, behaviour and ability to listen to and follow instructions from an adult.	PDO to run targeted intervention groups Year 6 'outward bounds' residential to Jamie's Farm and PGL	£12,500	£12,500	Behaviour records demonstrate 20% increase in 'listening behaviours' and 30% decrease in 'Refusal to follow instructions'	Due to Covid19 the residential took place in the summer term which has meant we cannot report on any data for improvements or reductions in behaviours.	
To understand the importance of working as part of a team	Team sports to be played every lunch time lead by play leaders. Competitive team sports to be organised. Year 6 'outward bounds' residential			20% Reduction in inappropriate play recorded in SIMS across classroom groups and key individuals during unstructured times	Due to Covid19 residential were pushed back to summer term 2 which means we cannot give accurate data on achievements or behaviors increasing or decreasing.	

Staffing and responsibly

Vicky Samul to provide individual plans for Daniel to complete targeted intervention groups
Terril will organise competitive team games/matches against local schools
Austin, Aaron B, Rebecca B to organise team sports at lunch time
Emily and Terril to organise year 6 residential

Progress

Staff rota has been deployed for break/lunch time activities
Aaron B, Austin, Rebecca B now organise team sports at lunch time
Year 5/6 attended school residential
KS1/2 participated in primary sports competition

Key Outcome Indicator 3: The confidence, knowledge and skills of all staff in teaching PE and sport is increased

School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
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To develop and maintain staff confidence in PE- % of children at age expectations at the end of the year reflect this.	Staff confidence audit identifies members of staff for specific PE training PE lead and other members of staff released to attend CPD PE courses. Staff members supported by Head of PE team through CPD, team teaching and support from PE Teacher. Teachers and teaching assistants are up-skilled and confident to teach high quality PE lessons. PE instructor makes a successful application for teacher training	£1000		Observations and assessment in PE confirm that teaching is at least good Staff evaluations confirm that CPD is at least good in 75% of cases PE instructor successful in application for QTS	Training and support from NCA PE team have increased staff confidence and competence levels. Positive feedback from training has been reflected in staff moral All pupils have access to high quality PE lessons P.E teacher has been on coaching course and is now delivering Trampolineing 100% of pupils enjoy trampolining lessons(16/16).	Audit staff confidence ready for the start of the next academic year. Book identified staff members on to appropriate training courses/ sessions. Continue to support as and when required.
Trained secondary school P.E teacher to lead on KS1+2 P.E for at least two periods per week for each class	P.E teacher to be timetabled to teach all primary classes.			P.E teacher to be observed teaching KS1+2. Observations demonstrates at least good P.E teaching across primary phase.	P.E instructor teaches across KS1&2	P.E Teacher has QTS from 2021 and is now starting his NQT year.

Staffing and responsibly

Terril is going on two coaching courses to enhance his knowledge in delivering lessons with two sports
Terril is timetable to teach P.E with all primary classes

Progress

PE instructor has now qualified as a qualified P.E teacher.

Key Outcome Indicator 4: broader experience of a range of sports and activities offered to all pupils

School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Impact on pupils (following Review)	Sustainability/ Next Steps
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<p>To continue to promote healthy active lifestyles across the school</p> <p>Swimming lessons- all pupils leave KS2 being confident swimmers and enter pupils in competitive swimming competitions.</p>	<p>New 'Play leaders' to lead Playtime and lunchtimes games and games before school starts.</p> <p>Swimming instructor and swimming pool booked for the year</p> <p>All pupils encouraged to take part in daily active playtimes and lunchtimes promoting healthy active lifestyles.</p>	<p>Part of play leaders pay</p> <p>Swimming instructor and pool £1,901</p>		<p>Attendance data confirms that pupils have access to a range of sporting opportunities, including boxing, swimming (throughout the year), athletics and rock climbing in the summer.</p> <p>Class surveys show that what % of children across KS1+2 are active at playtime and lunchtime.</p> <p>Play Leader evaluations of their CPD at least good in 75% of cases</p>	<p>Children are happy and actively engaged in their learning and play throughout the day</p> <p>94 % of pupils who completed the primary sports premium questionnaire enjoyed swimming lessons. (15/16)</p>	<p>Continue to provide boxing, swimming and athletics coaches. Continue to enter pupils in swimming Gala's and competitive Athletic competitions</p>
<p>Boxing -To continue to promote healthy active lifestyles. Encourage and develop good positive relationships between peers - Evidence of improved social skills during break and classroom time.</p>	<p>Boxing instructor booked for the year</p>	<p>Boxing instructor- £1,350*</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Boxing has helped pupils develop new relationships with pupils and staff while creating a space for pupils to improve their discipline.</p>	
<p>Rugby - All children who participate in rugby are taught to respect their coaches and referees. Children are encouraged to play in a fair manner and accept the role of the referee. Players will learn how to work well as a team and will think about how decisions that are made will benefit not just themselves, but also their peers.</p>	<p>Rugby coach booked for the half term</p>	<p>Rugby instructor- £500</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	

<p>Outdoor Rock Climbing- teaches self-confidence, improves problem-solving skills. Players analyse what they did well and what has to change to improve. Players develop habits of self-improvement by self-analysis skills, seeking professional instruction, and accepting critiques from others</p> <p>The emphasis is on learning while having fun, with ropes climbing, bouldering and maybe even an abseil (upon instructor's discretion).</p>	<p>Rock Climbing will be booked for summer 2</p> <p>Rock climbing will also take place as part of PGL residential</p>	<p>Outdoor rock climbing - £840 for half term</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	
<p>Dance -regular dance practice can increase your child's flexibility, range of motion, physical strength and stamina. The repetitive movements involved in dance can improve muscle tone, correct poor posture, increase balance and coordination and improve overall cardiovascular health</p>	<p>Dance instructor booked for the half term</p>	<p>Dance instructor £720</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	
<p>Athletics - children who participate in sports develop stronger muscles and bones, and the stronger you are, the less likely you will suffer from physical injury.</p>	<p>Athletics coach booked for the half term</p>	<p>Athletics coach £720</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	
<p>Gymnastics - children, will incorporate strength, flexibility, speed, balance, coordination, power and discipline. skills learned in gymnastics can benefit a child's overall development.</p>	<p>Gymnastic coach booked for the half term</p>	<p>Gymnastics coach £720</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	

<p>PGL- More confidence, increased motivation, resilience and a positive attitude; these are just some of the benefits that a brilliant residential at PGL can bring to your youth group.</p> <p>With PGL activities, accommodation, equipment and food are included.</p>		£5,500	£5,500	80% of pupils achieve unit award accreditation	Unit award accreditation but assessments not completed	
<p>Yoga - Improves Memory and Cognitive Functioning by creating focus within. Practicing yoga requires concentration of both the mind and the body. We have to pay attention to the movement of our bodies and how our breathing coordinates with those movements.</p> <p>Yoga Improves Social Relationships</p> <p>Yoga also helps to cultivate increased self-esteem, self-confidence, and empathy which translates to more positive relationships with others by reflecting their positive attitude toward themselves onto others.</p> <p>Practicing yoga helps kids to relieve stress by using their breathing to calm the mind and the nervous system. The physical practice of yoga also helps to relieve tension and release negative emotions held physically in the body, helping them to fall asleep faster and stay asleep longer</p>	Yoga instructor booked each half term	Yoga Instructor				
Equipment/Kit	Purchase equipment for boxing and swimming kit	£1000			Boxing gloves and pads purchased. Swimming shorts, towels and	

					swimming goggles purchased for primary pupils	
Staffing and responsibly						
Marcus – Boxing coach Joshua – Athletics coach Becky- In charge of purchasing swimming kit						
Progress						
Marcus – Boxing coach sees primary pupils for two hours twice a week Joshua – Athletics coach starts with primary pupils in the spring/summer term						

Key Outcome Indicator 5: increased participation in competitive sport						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
Provide opportunities for pupils across the school to represent NCA in competitions and festivals	Contact local primary schools to get involved in competitions and festivals. Book and rent facilities such as athletics track for sports days. Book coaches for whole school sports days.	Renting facilities/mini bus £1800 a year		Increase in the amount of sports provided by the school Successful completion of at least three competitions School minibus purchased Trinity fields booked for KS1/2 sports events	Children have been able to take part in football and swimming competitions. Competitions within PE lessons/ across year groups against peers and end of year Sports day competitions in class groups	Contacting local special needs schools to arrange competitive sports fixtures School sports day takes place in summer term 2

Staffing and responsibly
Terril- In charge of setting up NCA sporting competitions
Progress
Primary pupils would have competed in a number of competitive competitions including track and field and swimming gala's but due to Covid19 these events were cancelled/

The current year 6 annual swimming competencies (November 2020) did not happen due to Covid19 restrictions.