

NCA Active Special Spring Playscheme 2020

Half-Term Break 2020

Due to the current Covid-19 special measures in place, Nightingale Community Academy will be open during the half-term for four days. We will be open all week with the exception of Bank Holiday on Monday the 25th of May.

We will run Playscheme as we would during half-term with a range of activities available for learners and a reduced timetable.

Please see our website for more information on Covid-19 and school safety from June 1st.

Tuesday 26th May – Friday 29th May 2020

Playscheme is a great way to keep kids engaged during the school holidays while keeping them fit, active and having fun. The Playscheme day runs from 9.30am – 2.00pm and includes:

- Sports and Fitness
- Cooking
- Table Tennis
- Farm
- Games
- Arts Activities

NCA Active is open to all children who attend NCA between the ages of 5-19 and the scheme is run under the careful supervision of Learning Support Professionals and other NCA staff including teachers, therapists, sports coach and mentors who will be workshop leaders.

The Timetable

Magic Breakfast: 9:30am – 10:00am	This session will involve 'quiet' activities to start the day. All children must be signed in on arrival. Breakfast provided by Magic Breakfast!
Morning registration: 10:00am – 10:30am.	Children will be able to arrive and join in registration activities in a carousel of turn taking games.
Main programme: 10:30am – 12:00pm.	Children are organised into peer groups and participate in a wide range of activities both on and off the premises. Activities will include multi-sports, drama, dance, arts activities and much more.
Lunchtime: 12:00pm – 1:00pm.	All children will be provided a packed lunch or create a meal themselves! If you want to send in a packed lunch or snack you may but meals and snacks are provided. NCA promotes healthy eating. If you would like some ideas please visit: change4life.com .
Afternooners: 1:00pm – 2:00pm.	Children are organised into peer groups and participate in a calming period to end the day. Activities will include yoga, mindfulness, social skills, Lego-therapy, & Reading group.

Clothing - comfortable clothing should be worn at all times. Children will take part in outdoor activities every day so please ensure they wear suitable clothing; school uniform is not required.

Valuables - valuables should be left at home as we cannot accept responsibility for loss or damage.

End of the day - all children must be escorted to and from the premises and signed out at the end of the day. Those collecting children must be aged over 16.

Medication - Children who need medication can be supported by leaving a medical form and medication with leader.

Nut-free - due to children with serious allergies, we are sesame seed and nut free. Please check product ingredients when making your child's packed lunch.

Bank holidays – we will not be open for Bank Holiday.

About NCA Active

The Programme

The NCA Active programme has been developed to promote health, sport and fitness in children (5 months to 19 years) and includes specialist sports sessions and after- school activities. This is a special session open to support the most vulnerable of our learners. This is an option for parents or carers to have support and contact during this difficult time.

The Staff

The programme is run under the careful supervision of our Learning Support Professionals, trained teaching staff and sport coaches. The ratio of staff to children is in line with our risk assessments for our learners. We will be practicing social distancing and keeping staff and learners as safe as possible.

Membership and Prices

All children who are learners at Nightingale Community Academy are free to attend as part of the school offer. We normally ask for a £5.00 voluntary donation for NCA learners per day, however this is waived at this time. Siblings of our learners are also welcome to take part in any activity.

Bookings

All NCA Active sessions must be booked in advance. School phone calls are being made to confirm attendance and to help support transport arrangements if possible. Please contact Reception for more information.

Contacts

For further information on any NCA Active activities please contact reception at or visit our website:

**Nightingale Community Academy | Beechcroft Road, Tooting, SW17 7DF | 0208 874 9096 |
info@nightingaleca.org | www.nightingaleca.org |**